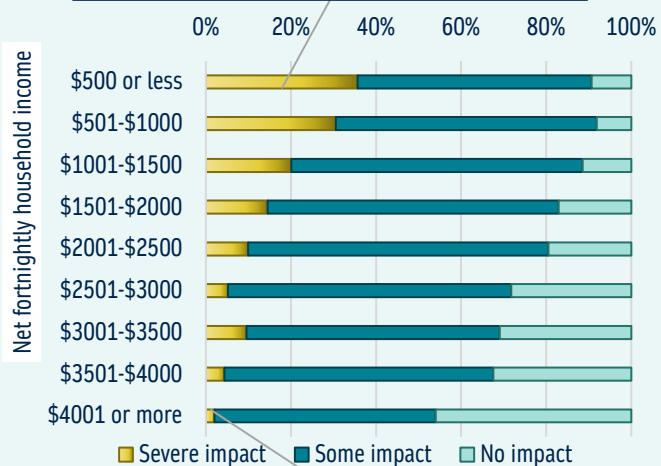


# Older people & cost of living: Who's most affected?

More low income households affected than high income



36% of lowest bracket felt severe impact



2% of highest bracket felt severe impact

More renters & mortgage payers hit than home owners



39%

of renters

experienced severe cost of living impact



28%

of mortgagors



11%

of home owners

More singles & big households impacted than couples



18%

of 1 person households



13%

of 2 people households



22%

of 3+ people households

experienced severe cost of living impact

More rural & remote people affected than metro



22%

of rural or remote groups

experienced severe cost of living impact



16%

of regional groups



13%

of capital city groups

More people in their 50s hit hard than those aged 60+

26%

of 50-59 year olds

experienced severe cost of living impact

17%

of 60-79 year olds

10%

of 80+ year olds

**About the survey** The 11th National Seniors Social Survey (NSSS-11) was open from 1-21 Feb 2023. Anyone aged 50 or over residing in Australia was eligible to participate. This snapshot highlights preliminary findings from a survey question about the impact of recent cost of living increases on respondents' lifestyle. In total, 5,778 people answered the question, indicating 'no impact', 'some impact', 'severe impact' or unsure. The research was conducted by National Seniors with support from Challenger. For more information about the survey and past research reports, go to [nationalseniors.com.au/research](https://nationalseniors.com.au/research).