

DIARY DATES

May 16th **BRING & BUY STALL** Please consider what you can prepare now to bring along to our fund-raising event. (Craft & handmade items, plants etc).

May 23rd **BUS TRIP** A visit to the Ipswich Railway Workshops & Museum is planned with details to be advised.
Please let John Canterbury know if you or any friends are interested.....Cost \$45

COMMITTEE MEMBERS:

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REMINDERS

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, you **MUST** wear your NSA name badge on all outings including lunches.
To purchase a badge, please see Barbara Coleman (Treasurer) at the social meetings. For payment of an **event**, please do **ONE** of the following ASAP:

- CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount encl. Please give the envelope to John Canterbury (Tours) or Barbara Coleman (Treasurer) who will then issue a receipt.....**OR**.....
- BANK TRANSFER:** Please remember to put your name in the details section of the transfer.
Acct Name: National Seniors Chermiside
BSB No: 084150 **Acct Number:** 047984369

*Please remember to put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.*

*As soon as you are aware of any club member who is unwell, please let **June Kerrigan** our **Welfare Officer** know immediately, so that she can contact them.*

*If you change your contact or address details, please let **Jeanette Daff** our **Membership Officer** know, as soon as possible.*

*If you have information for the Newsletter and/or need a lift to the meeting or to any of the social outings, including the bus trips, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.*

ONLINE ARTICLES FROM NATIONAL SENIORS AUSTRALIA <https://nationalseniors.com.au/news/>

NSA view on changes to aged care funding.
<https://nationalseniors.com.au/news/in-the-media/nsa-view-on-changes-to-aged-care-funding>

Indexation boosts pensioners' payments.
<https://nationalseniors.com.au/news/news/indexation-boosts-pensioners-payments>

This sporting life: how seniors can be fit and beat the world.
<https://nationalseniors.com.au/news/lifestyle/this-sporting-life-how-seniors-can-be-fit-and-beat-the-world>

Call for more bank support towards a cashless society.
<https://nationalseniors.com.au/news/in-the-media/older-australians-are-being-left-behind-by-an-increasingly-cashless-society>

Paper Supplied by courtesy of Chermiside NSA

National Seniors Australia

CHERMISIDE BRANCH: PO Box 2073, Chermiside Qld. 4032
Web Page: nationalseniors.com.au/get-involved/branches/Chermiside.

NEWSLETTER – 21st March 2024

Good Morning Members,

Well it was a busy weekend for some, with the Council elections. Did you cast a telephone vote, a postal vote or visit a pre-poll venue to early vote? If you didn't, I hope you weren't one of those waiting in very long queues on the day and you were able to get in and out fairly quickly. There's another election in October, so think about these other voting options and plan for next time.

The change in weather has been a relief from the heat, but I guess more humidity will come. All the plants and lawns are loving it – everywhere is so green! This is a great time for those who are thinking of bringing plants to the Bring & Buy Stall, to get those cuttings sorted and seedlings planted.

Those who went on the recent bus trip to the Port of Brisbane had a lovely day out: with a morning tea stop at Nudgee Beach, before heading out to the Port for an informative tour, then back to the DFO for lunch, coffee and a shop! Thank you John, for organising this for us. We have another bus trip planned for May to the Ipswich Railway Workshops & Museum, so please talk to John and invite your friends.

A reminder to remain vigilant - especially with Covid and the Flu about - and look after your health. Don't ignore those small niggles and pains, as it could be something serious. Talk to your GP or your carer, family or friend about any concerns. Keep safe and when you can, look out for each other.

It's nearly the end of the month, which means it will soon be Easter time and a holiday break for some. Also, next month there'll be no more hot cross buns in the shops. Safe travels for those going away and a Holy and Happy Easter to all.

Jenny Tidey OAM
President

TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

Welcome: John Aagten, from St John Ambulance. He will provide us with some helpful tips for living a safe and healthy life.

TIP OF THE MONTH: PHISHING SCAMS

If a message - on either your mobile or email - claims to be from your bank, energy provider or Telco (ie. Telstra, Optus etc), DO NOT call that number back. Always ring using a phone number from the legitimate website or a recent account that you have.



MARCH BIRTHDAYS:

Sheilah Carr, Venice Corbett, Teresa Doblo, Vicki Beardmore, Bruce Blundell

ANNIVERSARIES:

Marjorie & Roy Wilkes (1963) 61 years

WANT SOME EASTER ADVICE?

Don't put all your eggs in one basket.

Printing courtesy – Jimmy Sullivan MP, Member for Stafford

NOTES FROM THE LAST MEETING

- ❖ 38 members attended, including Heather Williams from S.A. who came along whilst up in Qld on a holiday.
- ❖ We welcomed Wally Porter as a first time visitor.
- ❖ 12 apologies were received.
- ❖ Bob Walker from Fair Trading made a return visit to speak about Consumer Rights.

SOCIAL MEETINGS, MORNING TEAS & LUNCHES

- March 28th 11.30am - LUNCH** - Norths Devils Leagues Club, Franklin St Nundah
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- April 4th 1.00pm - COMMITTEE MEETING** - Chermside Library
- April 11th 11.30am - LUNCH** - Aspley Hornets Graham Road, Aspley
- April 18th 9am for 10am Start – SOCIAL MEETING & MORNING TEA.....\$10**
 Our guest speaker will be from Young Diggers for Anzac Day.
 Donations to Young Diggers can be made in the *Pink Pig* money box.
- April 25th ANZAC DAY (No Meeting)**

SENIOR'S CITY HALL CONCERTS

***MARCH & APRIL* Tues 12 – 1pm**

26th March – RMT's Tribute: Made in the UK
 A variety performance of British music and bands including pop, rock, traditional music and theatre.

26th March 1.15pm – Phillip Gearing
 Organ Recital following the earlier concert.

2nd April – Andrews Sisters Tribute
 Modern and classic tunes in the original Andrews Sisters' style with a lively swinging rhythm section.

9th April – Celtic Queens
 A vocal concert with hits by The Corrs and Enya, Classic songs and some upbeat instrumental jigs.

16th April – From East to West
 Works for flute, cello and piano, as well as traditional instruments from the monsoonal countries.

23rd April – Music of Rogers & Hart
 Brisbane musicians celebrate this prolific duo's work with hits from "the Great American Playbook".

30th April – Carnivale Tropicale
 An extravaganza of dance celebrating the vibrant cultures of South America and the Caribbean.



- Q. How many Easter eggs can you fit in an empty basket? A. Only 1, after that it's not empty.
 Q. How do you catch a unique rabbit? A. Unique up on it!
 Q. How do you catch a tame rabbit? A. Tame way...Unique up on it! **HOPPY EASTER!!!**

BUS TRIP: PORT OF BRISBANE

